

Session 3

Learn to Skate

Wednesday 6:15 – 7:15pm (30 min of group lessons & 30 min of practice ice)

Learn to skate only - Feb 15 to April 18 (\$110 – 10 weeks)
Learn to Skate and Ice show* – (\$160 – 10 weeks of instruction)
Feb 15 to March 14 - Learn to Skate lessons
March 21 to April 18 – Ice Show lessons
April 25 Ice Show Dress Rehearsal
April 30 Ice Show (1 – 3)

Wednesday's Learn to Skate program offers group lessons for all skating abilities including those who have never skated ages 3 to adults. All levels of the USFSA Learn to Skate program will be taught (Snowplow Sam up to Freeskate 6)

Saturday 8:30 – 9:30am (30 min of group lessons & 30 min of practice ice)

Learn to Skate only –February 18 to April 21 (\$110 – 10 weeks)
Learn to Skate and Ice Show* – (\$160 – 10 weeks of instruction)
Feb 18 to March 17 – Learn to Skate lessons
March 24 to April 21 – Ice Show lessons
April 25 Ice Show Dress Rehearsal
April 30 Ice Show (1 – 3pm)

Saturday's Learn to Skate program offers group lessons for all skating abilities including those who have never skated ages 3 to adults. We only offer the following USFSA Learn to Skate program's Snowplow Sam, Basic 1 Basic 2 & Basic 3. Skaters higher than the Basic 3 level will participate in our bridge program.

Bridge

Saturday 7:45- 9:45am

Bridge program only Feb 18 to April 21 (\$150)
Bridge program and Ice Show* (\$200)
Feb 18 to March 17 – Bridge lessons
March 24 to April 21 – Ice Show lessons
April 25 Ice Show Dress Rehearsal
April 30 Ice Show (1 – 3pm)

The Bridge program is a circuit training style of teaching. Skaters will receive 1 hour of focused instruction on the following skills (spins, jumps, Moves in the field, Artistry in motion, dance, stroking and other core skills). This program is designed for skaters that have passed at least the USFSA basic 3 group lessons and/or are receiving private lessons. Currently our program has skaters 5yrs old to adults participating. Prior to taking to the ice skaters will take part in off-ice core training and stretching. After the 1 hour of instruction skaters will have 45 minutes to practice the skills they are working on.

*For detail ice Show information please refer to the Ice Show 2012 info.pdf above.