

2010 Eastern Adult Sectional Championships Nonqualifying Competition *(Central Carolina Adult Skating Classic)*

Announcement and Entry Form Package

(Skaters entering Championship events to qualify for the 2010 U.S. Adult Championships are required to use the online registration process found at www.usfsaonline.org and register online by Jan. 2, 2010. For all other events, use the attached entry form.)



Hosted by Central Carolina Skating Club

February 20-21, 2010

Nonqualifying entry deadline Jan. 2, 2010

Triangle SportsPlex
101 Meadowlands Drive
Hillsborough, NC 27278

www.centralcarolinasc.com
www.trianglesportsplex.com

Sanctioned by:



I. General Information

Date: Saturday, February 20, and Sunday morning, February 21, 2010

Place: Triangle SportsPlex, 101 Meadowlands Drive, Hillsborough, NC 27278, 919-644-0339. (Off I-85 at exit 165); www.trianglesportsplex.com

Eligibility: All competitors must be members in good standing of U.S. Figure Skating. Skaters may compete in as many disciplines as qualified by test level and age. Age and test status as of Jan. 2, 2010 (close of entries) will determine classification. **All skaters may skate at, or one level above, their highest test level.** Pairs must meet the requirements listed in that section. At the Referee's discretion, men and women may be combined into a single event; events may be divided or combined or cancelled.

Entries and Fees: Except as otherwise stated herein, the competition will be conducted according to the rules of U.S. Figure Skating as set forth in the most current 2010 U.S. Figure Skating Rulebook. All paper entries must be postmarked no later than **Jan. 2, 2010**. Deadline for online entries is midnight Jan. 2, 2010 (based on home club time zone). Late entries will be accepted at the discretion of the LOC with a \$35 late fee. **Refunds will only be granted if an event is cancelled by the Referee. There will be no refunds issued for medical reasons.**

First Nonqualifying Event	\$90.00 per event
Additional Nonqualifying Events	\$60.00 per event

Skaters may register one of two ways: (1) online at www.centralcarolinasc.com (\$5 discount), paying via PayPal or check (2) paper entry forms, paying via check. Please make checks payable to the **Central Carolina Skating Club**. Completed paper entries and payment must be mailed to: **2010 Central Carolina Adult Skating Classic, c/o Amy Entwistle, 107 Elm Street, Carrboro, NC 27510 (919-933-0511)**. Online entries are strongly preferred.

Competition Events: Events include Freestyle, Pairs, Compulsory Moves, Couples Dance, Solo Dance, Pairs, Interpretive, Interpretive Duos, Spins and Jumps. Skating levels include No Test through Masters.

Age Categories: The following age categories apply to all events:

Young Adult	18 to 20 years
Class I	21 to 30 years
Class II	31 to 40 years
Class III	41 to 50 years
Class IV	51 to 60 years
Class V	61 years and over

All age categories may be divided or combined at the discretion of the Referee and depending on the number of registrations. There must be two (2) or more entries to hold an event. Proof of age may be required. Copy of birth

certificate, passport, or driver's license is considered acceptable. **Young Adults are eligible for all events.**

Judging and Rules: The 6.0 closed judging system will be utilized for all events. Results will be determined in accordance with the 2010 U.S. Figure Skating Rulebook.

Music: Music must be on CDs. Due to compatibility and reliability reasons music may NOT be submitted on re-recordable CD-RW discs. Cassette tapes will not be accepted. CDs must be clearly marked with the competitor's name and event. The official competition CD must be turned in at the Registration Desk at the time of registration. CDs must contain only 1 (one) track and lead-in time on CDs may not exceed 3 seconds. Please have a spare copy rink side during the event in case it is needed. Music may be retrieved from the Registration Desk after the event. The Local Organizing Committee will supply music for compulsory dance events.

Awards: Medals will be awarded to first through fourth places. Check the awards schedule for the time and location of the awards ceremonies.

Practice Ice: Practice ice will be available on Saturday, Feb. 20 and Sunday, Feb. 21. Additional practice sessions may be offered depending upon the competition schedule. Practice ice registration will be available online at www.centralcarolinasc.com. The cost will be \$10 per 20-min. session prepaid.

Facilities and Amenities: All events will be held at the Triangle SportsPlex, a single ice surface 200' x 85' with rounded edges. TSP also has dressing rooms, a snack bar, a pro shop, work-out facility, swimming pool and free parking. See CCSC website for additional services including professional photography and videography and an informal competitors' gathering on Saturday night.

Registration: The official registration desk will be located near the entrance at the Triangle SportsPlex. Competitors must check in one hour before their event.

Schedule of Events: Practice ice and competition schedules will be posted at www.centralcarolinasc.com approximately ten days prior to the competition.

Lodging: Links and information about many area hotels available at www.centralcarolinasc.com. Rooms have been blocked under code ASC (Adult Skating Classic) until Jan. 22 at the host hotel:

Residence Inn by Marriott Chapel Hill: 101 Erwin Road, Chapel Hill, NC. 919-933-4848 (\$114/night for king suites; \$124/night for 1 bedroom queen/queen suites; incl. breakfast, free wireless) 12 miles from rink, 17 miles from airport; www.residenceinnchapelhill.com

II. Free Skating Events

Singles Events

Well-balanced program rules apply (available on the competition website: www.centralcarolinasc.com).
Competitors may 'skate up' one level.

MASTERS Free Skating Events – Masters Senior, Junior, and Novice events will be combined into one event unless there are sufficient entries to split the event into the categories listed below. Age levels will be maintained if possible.

Masters Senior – Must have passed at least the standard Junior Free Skate Test, or the 6th Figure Test prior to Oct. 1, 1977. Music not to exceed 3:40.

Masters Junior – Must have passed the standard Novice Free Skate test or prior to Oct. 1, 1977, the 4th figure test. No higher than the standard Junior Free Skate Test, or prior to Oct. 1, 1977 the 7th Figure Test. Music not to exceed 3:40.

Masters Novice – Must have passed at least the standard Intermediate Free Skate Test, or the 3rd Figure Test prior to October 1, 1977, and no higher than the standard Novice Free Skate test or the 5th Figure Test prior to Oct. 1, 1977. Double flip, double Lutz and double Axel are not permitted. Music not to exceed 3:10.

Masters Intermediate – Must have passed the standard Intermediate Free Skate Test or prior to Oct. 1, 1977, the 3rd Figure Test and no higher. Double flip, double Lutz and double Axel are not permitted. Music not to exceed 3:10.

Gold Free Skate — Music not to exceed 2:40.
A competitor in the Adult Gold Free Skate event must have passed at least one of the following:

- The Adult Gold Free Skate Test.
- The standard Juvenile Free Skate Test, and no higher standard free skate tests (if a skater has passed the standard Juvenile Free Skate Test on or after Oct. 1, 1994, and no higher standard free skate tests, the skater must compete in Adult Gold).

Skaters may have passed the ISI Freestyle 6 Test but no higher ISI freestyle tests. Skater may have passed the 2nd Figure Test, and no higher, before Oct. 1, 1977. Double jumps are limited to double Salchow and double toe loop. Skaters may have passed any figure tests or moves tests after Oct. 1, 1977.

Silver Free Skate — Music not to exceed 2:10.

A competitor in the Adult Silver Free Skate event must have passed at least one of the following:

- The Adult Silver Free Skate Test and no higher adult free skate tests.
- Before Oct. 1, 1994, the standard Juvenile Free Skate Test and no higher free skate tests.
- On or after Oct. 1, 1994, the standard Pre-Juvenile Free Skate Test and no higher free skate tests.

Skaters may have passed the ISI Freestyle 5 Test but no higher ISI freestyle tests. Skater may have passed the 2nd Figure Test, and no higher, before Oct. 1, 1977. Skaters may have passed any figure tests or moves tests after Oct. 1, 1977. Axels are permitted, but no double jumps are allowed.

Bronze Free Skate — Music not to exceed 1:50.

A competitor in the Adult Bronze Free Skate event must have passed at least one of the following:

- The Adult Bronze Free Skate Test and no higher adult free skate tests.
- The standard Preliminary Free Skate Test and no higher standard free skate tests.

Skaters may have passed the ISI Freestyle 4 Test but no higher ISI freestyle tests. Skater may have passed the 2nd Figure Test, and no higher, before Oct. 1, 1977. Skaters may have passed any figure tests or moves tests after Oct. 1, 1977. No Axel and no double jumps permitted.

Pre-Bronze Free Skate — Music not to exceed 1:40.

A competitor in the Adult Pre-Bronze Free Skate event must have passed no higher than the Adult Pre-Bronze Free Skate test, the standard Pre-Preliminary Free Skate Test, or the ISI Freestyle 3 Test. No Lutz, Axel, or double jumps are permitted. No flying spins permitted.

No Test Free Skate — Music not to exceed 1:40.

A competitor in the Adult No Test Free Skate event must not have passed any US Figure Skating tests and no higher than the ISI Freestyle 2 Test. Only half jumps, Salchows, and toe loop jumps are allowed.

Pairs Events

Pairs events may be combined depending upon the number of competitors. Well-balanced program rules apply (available on the competition website: www.centralcarolinasc.com).

Masters Pairs – Music not to exceed 3:40.

One partner in the Adult Masters Pairs event must have passed at least one of the following tests: the standard Intermediate Pairs Test or the standard Intermediate Free Skate Test. The other partner must meet the requirements for this level or must have passed no less than one level lower (Adult Gold Pairs Test, Adult Gold Free Skate Test, standard Juvenile Pairs test, or standard Juvenile Free Skate Test). For purposes of these requirements, the Adult Gold Pairs and Free Skate Tests are considered to be one level lower than the standard Intermediate Pairs and Free Skate Tests.

Gold Pairs – Music not to exceed 3:40.

One partner in the Adult Gold Pairs event must have passed one of the following tests:

- The Adult Gold Pairs Test but not the standard Intermediate Pairs Test
- The Adult Gold Free Skate Test
- The standard Juvenile Pairs Test but no higher standard pairs test
- The standard Juvenile Free Skate Test but no higher standard free skate test (see exception below)

The second partner must meet the requirements for this level or must have passed no less than one level lower than the first partner (i.e., Adult Silver Pairs Test, Adult Silver Free Skate Test, standard Preliminary Pairs Test and/or standard Juvenile Free Skate Test).

Exception: Teams in which at least one member has passed the Adult Gold Pairs Test or the standard Juvenile Pairs Test may choose to participate in an Adult Gold Pairs event even if one or both members of the team have passed a standard Intermediate Free Skate Test or higher.

Silver Pairs – Music not to exceed 2:40.

One partner in the Adult Silver Pairs event must have passed one of the following tests:

- The Adult Silver Pairs Test and no higher adult pairs test
- The Adult Silver Free Skate Test but no higher adult free skate test (see exception below)
- The standard Pre-Juvenile Free Skate Test but no higher standard free skate test (see exception below)

The other partner must meet the requirements for this level or must have passed no more than one level lower than the first partner (i.e., Adult Bronze Pairs Test, Adult Bronze Free Skate Test and/or standard Preliminary Free Skate Test).

Either member of an Adult Silver Pairs team may have passed the standard Preliminary Pairs Test and/or the standard Pre-Juvenile Pairs Test but no higher standard pairs test.

Exception: Teams in which at least one member has passed the Adult Silver Pairs test may choose to compete at the Adult Silver Pairs level even if one or both members of the team have passed the next level adult or standard free skate test (i.e., Adult Gold Free Skate Test and/or standard Juvenile Free Skate Test, but no higher standard free skate test).

Bronze Pairs – Music not to exceed 2:10.

Each partner in the Adult Bronze Pairs event must have passed one of the following tests:

- The Adult Bronze Pairs Test and no higher adult pairs test
- The Adult Bronze Free Skate Test but no higher adult free skate test (see exception below)
- The standard Preliminary Pairs Test and/or the standard Pre-Juvenile Pairs Test
- The standard Preliminary Free Skate Test but no higher than the standard Pre-Juvenile Free Skate Test (see exception below)

Exception: Teams in which at least one member has passed the Adult Bronze Pairs Test or the standard Preliminary or Pre-Juvenile Pairs Test may choose to compete in the Adult Bronze Pairs event even if one or both partners have passed the next level adult or standard free skate test (that is, the Adult Silver Free Skate Test and/or the standard Pre-Juvenile Free Skate Test, but no higher adult or standard free skate test).

III. Dance Events

Couples Dance Events

Tests from any dance-testing track – standard, Adult, and/or Masters—satisfy the test requirements/restrictions. Dancers may skate on more than one team, at different levels. Same teams may skate two levels. Age groups may be combined. The number of patterns to be danced is determined by the current US Figure Skating Rulebook but may be reduced at the discretion of the Referee. The Local Organizing Committee will provide music for each dance (except for the OD). Rounds A and B are separate dance events.

Gold Dance

One partner must have passed at least one standard, Adult, or Masters gold dance; the other partner must have passed at least one standard, Adult, or Masters Pre-Gold dance. Any skater who has passed one or more Pre-Gold dance(s) prior to age 21 or has competed in any standard track qualifying dance event at sectionals or higher before or after the age of 21 will be ineligible to compete in this event.

Round A: Paso Doble, Westminster Waltz
Round B: Free Dance

Pre-Gold Dance

One partner must have passed at least one standard, Adult, or Masters Pre-Gold dance; the other partner must have passed at least one standard, Adult, or Masters silver dance. Neither partner may have completed the standard, Adult or Masters Gold dance.

Round A: Rocker Foxtrot, Killian
Round B: Free Dance

Silver Dance

One partner must have passed at least one standard, Adult, or Masters Silver dance; the other partner must have passed at least one standard, Adult, or Masters Pre-Silver dance. Neither partner may have passed more than one standard, Adult or Masters Pre-Gold dance.

Round A: Foxtrot, Tango
Round B: American Waltz, Blues

Pre-Silver Dance

Both partners must have passed at least one standard, Adult, or Masters Pre-Silver dance. Neither partner may have passed more than one standard, Adult or Masters Silver dance.

Round A: Willow Waltz, Foxtrot
Round B: Hickory Hoedown, American Waltz

Bronze Dance

One partner must have passed at least one standard, Adult, or Masters Pre-Silver dance; the other partner must have passed at least one standard, Adult, or Masters Bronze dance. Neither partner may have passed more than one standard, Adult or Masters Silver dance.

Round A: Cha-Cha, Ten Fox
Round B: Hickory Hoedown, Fourteenstep

Pre-Bronze Dance

Both partners must have completed the standard, Adult, or Masters Pre-Bronze Dance Test but no higher than the standard, Adult or Masters Bronze Dance Test.

Round A: Dutch Waltz, Cha-Cha
Round B: Rhythm Blues, Swing Dance

Centennial Dance

Both partners must be 50 years of age or older by the close of entries. Both partners must have passed at least one standard, Adult or Masters Pre-Silver Dance Test with no maximum limit on tests passed.

Round A: Fourteenstep, Foxtrot
Round B: American Waltz, Blues

Solo Dance Events

Competitors in the Solo Dance events may enter only one skill level. Number of patterns corresponds to test requirements. Genders will be combined in these events. Respective gender-specific steps will be skated by each gender (i.e., men will skate the male dance pattern and women will skate the female dance pattern). The Competition Committee will provide music. Rounds A and B are separate dance events.

Gold Solo Dance

A competitor in the Gold Solo Dance event must have completed at least one Pre-Gold dance (standard, Adult or Masters)

Round A: Killian
Round B: Westminster Waltz

Silver Solo Dance

A competitor in the Silver Solo Dance event must have completed at least one Pre-Silver dance (standard, Adult or Masters) and no more than one Pre-Gold dance (standard, Adult or Masters)

Round A: Foxtrot
Round B: American Waltz

Bronze Solo Dance

A competitor in the Bronze Solo Dance event must have completed at least one Pre-Bronze dance (standard, Adult or Masters) and no more than one Pre-Silver Dance (standard, Adult or Masters)

Round A: Cha-Cha
Round B: Hickory Hoedown

IV. Compulsory Events

Spins-only Events

All Spin events are skated without music on ½ ice surface. Only one attempt per element is permitted. Connecting steps and half revolution jumps are permitted. Spins may be skated in any order, but must have 3 or more revolutions per foot. Open combination spins are truly open as to number of foot changes and positions.

Gold/Masters 1:30 max

1. Flying camel spin, variations optional
2. Sit spin, variations optional
3. Open combination spin

Bronze 1:30 max

1. Scratch to back scratch spin
2. Camel spin, no variations
3. Combination spin with 2 positions; change of foot and variations optional

Silver 1:30 max

1. Camel change camel, change of foot may jump or step, variations optional
2. Any back spin, edge entry, no variations
3. Open combination spin

Pre-Bronze 1:15 max

1. One-foot upright spin (min 3 revs, optional leg position)
2. Two-foot spin (entry optional, min 3 revs)
3. Pivot

Compulsory Moves Events

Moves must be performed on ½ ice surface, without music and in any order with connecting steps necessary to link the various moves together. Mandatory deductions will be taken for unlisted or additional elements such as jumps, spins, repetitions or unsuccessfully executed moves. Only one attempt per element is permitted.

Gold/Masters 1:20 max

1. Axel
2. Three-jump sequence
3. Camel spin
4. Circular step sequence

Silver 1:20 max

1. Flip-loop combination
2. Back power pulls to a Lutz jump
3. Sit spin
4. Any edge spiral
5. Step sequence with 2 half jumps

Bronze 1:00 max

1. Flip-toe loop combination
2. Loop jump
3. Scratch spin
4. Sustained glide (any spiral or hydro blade move)
5. Alternating FO 3 turns (2 each foot)

Pre-Bronze 1:00 max

1. Waltz jump, ballet hop combination
2. Salchow
3. Forward scratch spin
4. Forward inside mohawk on each foot
5. Any spiral

No Test 1:00 max

1. Two-foot spin (min 3 revs)
2. Forward edges (minimum 2 outside and 2 inside, skated consecutively)
3. Bunny hop
4. Lunge
5. Forward inside pivot

IV. Compulsory Events, Cont'd

Jumps-only Events

Jumps must be skated in the order stated. Connecting steps may be used but will not affect scoring. Jump events are skated without music on 1/2 ice surface, except for Gold/Masters which is skated on full ice. Only one attempt per element is permitted.

Gold/Masters 1:30 max

1. Lutz
2. Axel
3. Two jump combinations
(may include doubles)

Silver 1:15 max

1. Flip
2. Loop
3. Single/single combination (no Axel)

Bronze 1:00 max

1. Salchow
2. Loop
3. Single/single combination (no Axel)

Pre-Bronze 1:00 max

1. Waltz
2. Waltz-toe loop combination
3. Half flip

V. Interpretive Events

Scoring - Duos, Adult and Masters interpretive (showcase) free skate events shall consist of a variety of skating moves and elements selected for their value in enhancing the skater's interpretation of the music. **Skaters may enter ONE or BOTH categories of Interpretive skating, but skaters may not switch categories after entering.**

Light Entertainment/Comedy: A program designed to be light-hearted, entertaining, upbeat, clever, comedic or that incorporates some type of gimmick.

Artistic/Dramatic: A program of serious, emotional artistic interpretation designed to simply interpret the music which conveys an emotion other than humor.

Axels and double jumps will not be permitted. Costumes that enhance the performance by appropriately reflecting the character of the music and theme will be considered in the judging. Props are permitted as long as they stay with the skater at ALL times. Props on the ice, thrown into the audience, placed on the boards or on the judges' table are NOT permitted. No "special effects" such as water, fire, pyrotechnics, dry ice, or loud noises. Costumes that contain particles that may mar or leave anything on the ice surface are considered unsafe and will not be allowed. This includes, but is not limited to, feathers, boas, shaving cream, and excessive beading.

In interpretive events, skaters will be judged on their ability to interpret the music and develop a theme by using their skating skills. The judges will use two marks. The first mark is for skating technique and the second mark is for presentation.

In marking the **skating technique** of the program, these aspects must be considered:

- a) Ease, flow, glide, sureness, power and depth of the edges;
- b) Ability to vary the speed and direction of the skating;
- c) Variety of expressive and innovative moves;
- d) Succession of movement within the program;
- e) Utilization of space and ice coverage;
- f) Style

In marking the **presentation of the program**, the following aspects must be considered:

- a) Interpretation of the music and rhythm, or theme;
- b) Musical timing and understanding of the phrasing of the music;
- c) Use of the entire body to develop the artistic and music expression;
- d) Creativity;
- e) Choreography — art of arranging movements;
- f) Variation in tempo, tension, emotion, movements;
- g) Suitability of music to the skater;
- h) Internal motivation of movements and expression projected to the audience.

In all Interpretive events — Vocal music is permitted; age categories will be the same as for free skate events

Masters Interpretive Free Skate — Music not to exceed 1:40.

Competitor must meet the minimum requirements for the adult gold free skate event, any masters free skate or pairs event, or have passed at least one Adult Silver or standard Silver dance test.

Adult Interpretive Free Skate — Music not to exceed 1:40.

Competitor must meet the requirements for the Adult Bronze Free Skate event or the Adult Silver Free Skate event, or have passed the complete Pre-Bronze Dance Test, and have passed no higher than the complete Adult Pre-Silver or standard Pre-Silver Dance Test.

Beginner Adult Interpretive Free Skate — Music not to exceed 1:40.

Competitor may not have passed the Adult Bronze Free Skate Test, the Pre-Bronze Dance Test, the standard Preliminary Test, nor above ISI FS3.

Interpretive Duos — Music not to exceed 1:40.

Skaters may participate in both an Individual Interpretive event and the Interpretive Duo event. Either mixed or similar gender competitors in the Interpretive Duo event must both minimally meet the requirements of the Adult Pre-Bronze Free Skate event. No lifts allowed.

**2010 Central Carolina Adult Skating Classic
(Eastern Sectional Nonqualifying Events) Entry Form**

Partners must complete separate entry forms. Pairs and Dance Teams must send both applications
(one for each partner) together in the same envelope.

Please print legibly and help prevent errors.

Last Name _____ First Name _____ M.I. _____ Gender (circle one) M F
Date of Birth _____ Age (as of 1/02/10) _____ USFSA # _____
Street _____ City _____ State _____ Zip _____
Telephone #: () _____ Cell phone #: () _____
E-Mail _____ Home Club (no abbrev.) _____
Current Test Level (as of 1/02/10) Free Skate _____ MIF _____ Dance _____ Pairs _____ ISI _____
Partner Name(s), Event Name, and USFSA # _____

Check appropriate age category

Young Adult _____ Class I _____ Class II _____ Class III _____ Class IV _____ Class V _____
(18 –20) (21 – 30) (31 – 40) (41 – 50) (51 – 60) (61+)

Check all events to be entered

Freeskating

- Pre-Bronze
- Bronze
- Silver
- Gold
- Masters _____

Pairs

- Bronze
- Silver
- Gold
- Masters

(partner's name)

Couples Dance

- A B (Round)**
- Pre-Bronze
 - Bronze
 - Pre-Silver
 - Silver
 - Pre-Gold
 - Gold
 - Centennial

(partner's name)

Solo Dance

- A B (Round)**
- Bronze
 - Silver
 - Gold

Compulsory Moves

- No Test
- Pre-Bronze
- Bronze
- Silver
- Masters/Gold

Spins Only

- Pre-Bronze
- Bronze
- Silver
- Masters/Gold

Jumps Only

- Pre-Bronze
- Bronze
- Silver
- Masters/Gold

Interpretive

Artistic/Dramatic

- Beginner Adult
- Adult
- Masters
- Duos

(partner's name for interp duos)

**Interpretive Comedy/
Light Entertainment**

- Beginner Adult
- Adult
- Masters
- Duos

(partner's name for interp duos)

COMPETITION ENTRY DEADLINE: Jan. 2, 2010

**2010 Central Carolina Adult Skating Classic
c/o Amy Entwistle
107 Elm Street
Carrboro, NC 27510**

2010 Adult Eastern NQ Sectional/Central Carolina Adult Classic Certification by Athlete

Athlete: I agree to conduct myself, both on and off the ice, in a manner that will reflect favorably upon this competition and upon the sport of figure skating, and that is consistent with the high standards of the sport. I agree to respect the person and property of others, and in the event I cause injury, damage, or loss to another or to the property of another, I hereby indemnify US Figure Skating, Triangle SportsPlex, the Local Competition Committee, the Central Carolina Skating Club, and their officers, directors, members, committees, representatives, employees and agents, and agree to hold them harmless against any and all claims that another person may have or which may arise out of such injury, damage or loss, together with any reasonable costs and attorney’s fees that may be incurred as result of any such claims, whether valid or not.

Athlete: I understand that US Figure Skating and the Central Carolina Skating Club or organizers of this competition undertake no responsibility for damages or injuries, or loss of property suffered by the competitors. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, US Figure Skating, Triangle SportsPlex, organizers of the competition, the Central Carolina Skating Club and its officers, and their entries shall be accepted only on such condition (see rule 3222).

Athlete’s Signature _____ **Date** _____

MAIL CHECK AND COMPLETED ENTRY FORM TO:

Amy Entwistle
107 Elm Street
Carrboro, NC 27510

All entries must be postmarked by January 2, 2010.

Paper Entry Checklist:

- Application form filled out completely and correctly (Form NQ-A)**
- Check payable to “Central Carolina Skating Club” enclosed with application form**
- Certification by Athlete (Form NQ-B)**
Forms A-H are qualifying forms sent directly to US Figure Skating and thus not included here.
- Entry Fee Calculation Form (Form I)**
- Medical Information (Form J)**
- Advertising Form (Form K)**

BRING THE FOLLOWING WITH YOU TO THE COMPETITION:

- _____ **1. Two Copies of Your Music (CD only)** labeled with your name, events and the running time
- _____ **2. Proof of Age** - birth certificate or valid/current passport



2010 Adult Eastern NQ Sectional/Central Carolina Adult Classic

ENTRY FEE CALCULATION FORM

Entry Fee* (please check appropriate box):

First Event: _____ @ \$90.00 _____
Name of Event

Second Event: _____ @ \$60.00 _____
Name of Event

Third Event: _____ @ \$60.00 _____
Name of Event

Fourth Event: _____ @ \$60.00 _____
Name of Event

Fifth Event: _____ @ \$60.00 _____
Name of Event

Total Amount Enclosed: _____

*Dance rounds A and B are separate events



Competitor's Name: _____

Daytime Telephone: _____

Signature: _____

PLEASE make check or money order payable to: "Central Carolina Skating Club"

MAIL TO: 2010 Central Carolina Adult Skating Classic
c/o Amy Entwistle
107 Elm Sreet
Carrboro, NC 27510

2010 Adult Eastern NQ Sectional/Central Carolina Adult Classic

AUTHORIZATION AND CONSENT FOR MEDICAL ATTENTION OR TREATMENT

Name of Skater: _____

Address: _____

City/State/Zip: _____

Home Telephone #: _____

Emergency Contact: _____

Emergency Contact #: _____

Alternative Emergency Contact: _____

Alternative Emergency Contact Telephone #: _____

I certify that I, the member/participant, give my consent to the United States Figure Skating Association, Central Carolina Skating Club, Triangle SportsPlex and their applicable agents, directors, officers, administrators, employees, volunteers, instructors, trainers, other participants, and the applicable agents, directors, officers, administrators, employees, volunteers, instructors and trainers of the facility where the activities are taking place to obtain medical care from any licensed physician, hospital or clinic, including transportation and emergency medical service for myself/ourselves and/or said participant for any injury that could arise from participation in these activities.

OPTIONAL INFORMATION (Not Required)

Name of Primary Physician: _____

Telephone of Primary Physician: _____

Name of Insurance Company: _____

Policy Number: _____

Name of Policyholder (if not skater, i.e., parent): _____

PLEASE NOTE: If you have any allergies, pre-existing conditions or other conditions which should be provided as information for medical treatment, please notify your coach or include medical history in your important documents that you keep with you.

**2010 Eastern Adult Sectional Figure Skating Championships
and Central Carolina Adult Skating Classic
February 20-21, 2010**

Official Program Advertising

Full page (8 1/2" by 11")	\$150
Half page (8 1/2" by 5 1/2")	\$100
Quarter page (4 1/4" by 5 1/2")	\$50

Black and white ads only. Copy format: **E-mail attachment; pdf format is preferred.** You may also send CD disk, or printed (flat, scannable), B&W copy. Please do not fold. We do not guarantee return of artwork. Material must be received by the deadline to guarantee inclusion in program.

Skater Personal Ads

Business-card size (1/16 page) \$10

Questions? E-mail: karen.mcclure@duke.edu

Name: _____

Address: _____

City/State/Zip: _____

Daytime phone: _____ Email: _____

Select Ad Size (please circle):

- Full page
- Half page
- Quarter page
- Skater Personal

Mail to: Karen McClure

3704 Stonegate Drive
Durham, NC 27705

Deadline for copy and payment: February 1, 2010