

The Skating Club of Central New York



Invites you to the

2010 Basic Skills Competition

March 13 and 14, 2010

Cicero Twin Rinks
5575 Meltzer Court
Cicero, New York 13039



Competition Approved by U.S. Figure Skating. Basic Skills Approval Number is pending

APPLICATION DEADLINE: February 19, 2010

ELIGIBILITY: The competition is open to ALL skaters who are current eligible members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application and be a member in good standing.

Eligibility will be based on skill level as of February 19, 2010. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest Basic Skills level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6 level, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

ENTRIES: Applications, with payment, must be postmarked by February 19, 2010. A late fee of \$40.00 will be charged after February 19, 2010 and will only be accepted if time and space is available.

The competition chairperson reserves the right to cancel an event if there are less than 3 entrants (with full refund of entry fee) and to combine and divide groups. Skaters may not skate below their Basic Skills level. Skaters may enter events at their highest Basic Skill level passed as of the closing date of the application and one level above. Please check our web site for registration information to verify your entry. Email us at Kpicciot@twcny.rr.com with any discrepancies.

Skaters will be grouped according to age and Basic Skill level. Male and female skaters may or may not be grouped together.

Tentative schedules will be posted to www.sccny.org on or before March 7, 2010. No changes will be made to the competition event entries after the schedule is posted unless there is an error on the part of the club.

FEES: All fees must be in U.S. funds and must accompany applications and paid on-line at www.sccny.org. Late entries are subject to a \$40.00 late fee – NO EXCEPTIONS. There will be a \$30 service charge on all returned checks. Entry fees are as follows:

Events	Fee
First Event	\$35
Each Additional Event	\$15

REGISTRATION: A registration desk will be open throughout the competition, located in the main lobby of the Cicero Twin Ice Rinks Facility. Skaters should arrive approximately one hour prior to their designated skate time and register promptly upon arrival. Upon arrival, Skaters are to register at the registration desk **each day that they will compete**. Skaters are responsible for being present at each event entered.

REFUNDS: No refunds will be given except as stated in U.S. Figure Skating CR 3233 and CR 3235.

DOUBLE PANEL OF JUDGES: Some events will utilize one-half surface.

AWARDS: Everyone will receive an award. Awards will be given for 1st, 2nd and 3rd places. Ribbons will be awarded for 4th and 5th place finishers. Awards will be presented throughout the competition.

ADMISSION: Admission to all events is free.

RESULTS: Results will be available after each event for \$.25 per copy.

FACILITY: Competition will be held at the Cicero Twin Rinks located in Cicero, New York. The ice surface at the Cicero Twin Ice Rinks measures 100' x 200' (Olympic Size). A snack bar and dressing rooms are available.

ACCIDENTS: The Skating Club of Central New York and its officers, as well as The Cicero Twin Ice Rinks, New Dimensions Properties and its representatives accept no liability for damage or injuries suffered by skaters, officials or spectators during the competition (CR 3222).

FIRST AID: First Aid facilities and personnel will be available at the rink during the competition.

MARKING: A closed marking system will be used and judged with the 6.0 system.

PUBLICITY DISCLAIMER: The Skating Club of CNY reserves the right to photograph or videotape portions of the competition to use for promotional purposes.

INFORMATION: For information contact Kathy Picciott at email kpiciot@twcny.rr.com. Club web site is www.sccny.org.

BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

- Each skater will have the option to perform one element at a time in the order listed below (no excessive connecting steps) **OR**
- Will perform each element when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p>Snowplow Sam - Tots:</p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p>Basic 5:</p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop - either direction
<p>Basic 1</p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 - 8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p>Basic 6:</p> <ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p>Basic 2</p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line - across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<p>Basic 7:</p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p>Basic 3</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 – 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p>Basic 8:</p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one - foot upright spin - optional free foot position
<p>Basic 4</p> <ol style="list-style-type: none"> 1. Forward outside three turn - R & L from a standstill 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 6-8 consecutive both directions 4. Backward stroking 5. Backward snowplow stop - R or L 	

FREE SKATE ELEMENTS EVENT: FREE SKATE 1-6 COMPULSORY

- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- To be skated on ½ ice
- No music is allowed
- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 or less

<p>Free skate level 1 Compulsory</p> <ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump 	<p>Free skate level 4 Compulsory</p> <ol style="list-style-type: none"> 1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise 2. Forward power 3's, 2-3 consecutive sets - R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
<p>Free skate level 2 Compulsory</p> <ol style="list-style-type: none"> 1. Forward outside spiral - R or L and a forward inside spiral - R or L 2. Waltz Three's - R or L 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump 	<p>Free skate level 5 Compulsory</p> <ol style="list-style-type: none"> 1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump
<p>Free skate level 3 Compulsory</p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4 – 6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop 	<p>Free skate level 6 Compulsory</p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Freeskate 6) 2. Camel, sit spin combination - minimum of 4 rev. total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump

**ENTRY FORM FOR 2010 SKATING CLUB OF CENTRAL NEW YORK
BASIC SKILLS COMPETITION
(Please print clearly)**

Skater's First Name (print):		Last Name (print):	
Street Address:			
City:	State:	Zip:	Female Male
Phone (include area):	Birthdate:	U.S. Figure Skating/Basic Skills Membership Number:	
Skating School or Club Representing:		Email address:	

**Circle and Check the event(s) below that the skater wishes to enter.
If entering two events, both must be skated at the same level.**

Basic Elements Events	Free Skate Elements Events
<input type="checkbox"/> Snowplow Sam	<input type="checkbox"/> Free skate Level 1 Compulsory
<input type="checkbox"/> Basic 1	<input type="checkbox"/> Free skate Level 2 Compulsory
<input type="checkbox"/> Basic 2	<input type="checkbox"/> Free skate Level 3 Compulsory
<input type="checkbox"/> Basic 3	<input type="checkbox"/> Free skate Level 4 Compulsory
<input type="checkbox"/> Basic 4	<input type="checkbox"/> Free skate Level 5 Compulsory
<input type="checkbox"/> Basic 5	<input type="checkbox"/> Free skate Level 6 Compulsory
<input type="checkbox"/> Basic 6	
<input type="checkbox"/> Basic 7	
<input type="checkbox"/> Basic 8	

FEES: **First event is \$35** \$ _____
 Additional events \$15 each \$ _____
 TOTAL \$ _____

PARENT/GUARDIAN CONSENT: The USFS, the Skating Club of Central New York, the Cicero Twin Rinks, New Dimension Properties and its representatives undertake no responsibility for damages or injuries suffered by the skaters. As a condition of and in consideration of the acceptance of their entries or participating therein, all entrants with their parents or guardians shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of this competition, and to waive and release any and all claims which they might have against any official, U.S. Figure Skating, the Skating Club of Central New York, the Cicero Twin Rinks, New Dimension Properties and its representatives. All entries shall be accepted on such condition.

Signature of Parent or Guardian: _____
 Date: _____

SKATING SCHOOL DIRECTOR'S OR COACH'S CONSENT (This is required for skaters enrolled in Basic Skills Program) I certify that the above information is correct and that this skater is eligible to compete at the level indicated on this form.

Coach: _____ Signature: _____
 Date: _____

SKATERS AFFILIATED WITH FIGURE SKATING CLUBS: This skater is a member in good standing with their home club and US Figure Skating.

Officer Signature: _____ Title: _____

Mail form and check (payable to Skating Club of CNY) to: Skating Club of CNY, Attention: Kathy Picciott, 5575 Meltzer Court, Cicero, New York 13039